

GET THE DIVORCE BIBLE / FREE STARTERS

Divorce First Steps

Get one urgent question, one source and one next action onto paper.

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FREE RESOURCE / 2026 EDITION

Type in the pale blue areas. Save, revisit or print.

Start here

WHO THIS IS FOR

A free starting card

HOW TO USE IT

This card is for orientation, especially when you feel overwhelmed. If anyone is in immediate danger, seek local emergency help. If a deadline may apply, read the actual notice or order and ask qualified local help promptly.

- 01 Choose the page that fits the issue today.
- 02 Type into the blue answer areas and save a copy.
- 03 Check dates, source documents and professional advice before acting.
- 04 Revisit the page when new information arrives.

Examples are fictional unless an author experience is expressly labeled.

Start with your situation

USE THIS PAGE

Choose the route that fits today; you do not have to finish every item.

WORKED EXAMPLE

Fictional: A person received court papers and writes down the service date before making any plan.

What happened today?

Is there a safety or child need now?

Document, notice or person I can check

One next action and when

Five practical checks

USE THIS PAGE

Record only what applies: safety, dates, essential records, money, support.

WORKED EXAMPLE

Fictional: 'I need to find the actual hearing notice, then ask what it requires.'

Safety / immediate support

Notice or deadline to verify

One record I can lawfully access

One person or service to contact