

GET THE DIVORCE BIBLE / FREE STARTERS

Couples Conversation Cards

Choose one question from eight themes; answer privately before sharing if you want.

MIKE ACHEAMPONG

FREE RESOURCE / 2026 EDITION

Type in the pale blue areas. Save, revisit or print.

Start here

WHO THIS IS FOR

A free 56-question companion

HOW TO USE IT

These questions invite voluntary reflection before or during marriage. No partner owes a shared answer. If a conversation feels unsafe, pressured or controlling, stop the joint exercise and seek individual support.

- 01 Choose the page that fits the issue today.
- 02 Type into the blue answer areas and save a copy.
- 03 Check dates, source documents and professional advice before acting.
- 04 Revisit the page when new information arrives.

Examples are fictional unless an author experience is expressly labeled.

Money and obligations

USE THIS PAGE

Pick one specific money question rather than solving every account at once.

WORKED EXAMPLE

Fictional: Each person privately writes what 'shared expense' means, then discusses one bill.

Question I chose: income, debt, spending or care

My private answer

What I want to ask, if safe

One agreement or open issue

Children and care

USE THIS PAGE

Talk about hopes, responsibilities and what needs more time.

WORKED EXAMPLE

Fictional: A couple disagrees about school choices and sets a second conversation date.

Question I chose: children, parenting or caregiving

My private answer

Difference or uncertainty

Follow-up and date

Conflict and repair

USE THIS PAGE

Explore how each person handles disagreement and repair.

WORKED EXAMPLE

Fictional: One person needs a pause before returning to a difficult conversation.

Question I chose: conflict, apology or boundaries

What helps me feel heard

What makes discussion harder

A pause or repair practice to try

Family, intimacy and digital life

USE THIS PAGE

Use only the topics both people are comfortable discussing.

WORKED EXAMPLE

Fictional: They choose a question about family visits and postpone a private topic.

Question I chose and why

My boundary or need

What I am willing to share

Next conversation date

Commitment and values

Choose one. Answer privately first; share only if you want to.

01 What promise do we each think marriage makes?

02 Which beliefs shape our daily choices?

03 What would we keep private from extended family?

04 How will we recognize when an expectation has changed?

05 What does loyalty mean when we disagree?

06 Which decision needs both people to agree?

07 What topic feels unfinished?

Money

Choose one. Answer privately first; share only if you want to.

01 What debt or obligation should be disclosed before a joint decision?

02 Which expenses will be shared?

03 How will we make a large purchase?

04 What savings goal matters first?

05 How will we talk about a job change?

06 What support to relatives can we afford?

07 When will we review our plan?

Communication

Choose one. Answer privately first; share only if you want to.

01 How do you know I have heard you?

02 What signals that we need a pause?

03 When should we return to a paused talk?

04 What does a useful apology include?

05 How can we disagree without an audience?

06 What should remain private?

07 When would outside support help?

Children and care

Choose one. Answer privately first; share only if you want to.

01 Do we want children, and what remains uncertain?

02 How might care work affect our jobs?

03 What parenting values matter most?

04 How would we handle different discipline views?

05 Who else may help with care?

06 What if a child needs extra support?

07 How will we revisit these answers?

Intimacy

Choose one. Answer privately first; share only if you want to.

01 How do we speak about affection without pressure?

02 What helps each person feel respected?

03 How will we handle different needs?

04 What boundary should be explicit?

05 How do we ask for space?

06 When would professional support help?

07 What is too private to share today?

Family and friends

Choose one. Answer privately first; share only if you want to.

01 How much time with relatives feels healthy?

02 What visits need advance agreement?

03 How will we handle a family request for money?

04 Which decisions belong to us?

05 How do we respond to disrespect?

06 How can friendships remain supported?

07 What boundary needs a trial period?

Digital life

Choose one. Answer privately first; share only if you want to.

01 What privacy does each person expect?

02 What will we post about each other?

03 How do we handle devices during shared time?

04 What should happen after an online misunderstanding?

05 Who may access shared accounts?

06 What will we do if a boundary changes?

07 Which digital topic needs an individual conversation?

Hard realities

Choose one. Answer privately first; share only if you want to.

01 How will we respond to a serious illness?

02 What if income falls sharply?

03 How do we seek help during burnout?

04 What if we disagree about moving?

05 What makes a conversation feel unsafe?

06 Which support person could we contact?

07 What question deserves more time before a decision?